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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Paleo Slow Cook Recipes The Essential Kitchen Series, Book 93 Quick, Easy, and Scrumptious Paleo Slow Cook Recipes for Weight Loss and Optimum Health You don t need to be a caveman to see the benefits that would come from a simplified diet. Today, our bodies are bombarded with high-calorie, processed foods, many of them reliant on grains,...

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- Authored by Sarah Sophia
- Released at 2015



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