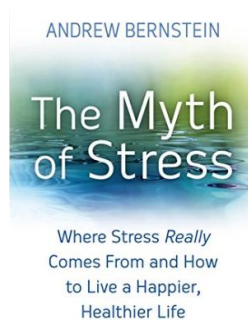


## The Myth Of Stress: Where stress really comes from and how to live a happier, healthier life



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