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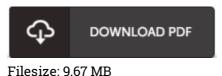
## SAY GOODBYE TO KNEE PAIN



Simon & Schuster. Paperback / softback. Book Condition: new. BRAND NEW, Say Goodbye to Knee Pain, Jo Hannafin, Marian Betancourt, "WHY" DO YOUR KNEES HURT?"WHAT" CAN YOU DO ABOUT IT?Going beyond quick fixes, a leading orthopedic surgeon shows you how to "stop damaging" and "start saving" your knees, the body's hardest-working and most complex joint.Once you understand the source of your pain, whether from sports or overuse injuries, osteoarthritis, tendinitis, heredity, or a host of other causes -- then you...

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- Authored by Jo Hannafin, Marian Betancourt
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## Reviews

It is fantastic and great. It is really simplified but unexpected situations from the 50 % in the ebook. I discovered this ebook from my dad and i suggested this book to learn. -- Dr. Luna Skiles

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